



Sailship Training and Learning for Life

Environmental Sustainability Statement

Our Commitment

At Sailship, we believe that nurturing people and the planet go hand in hand. As a charity rooted in therapeutic gardening, inclusive education, and dementia-friendly design, we are committed to reducing our environmental impact and promoting sustainable practices across all areas of our work.

We recognise our responsibility to protect natural resources, reduce waste, and inspire environmental stewardship within our community.

Guiding Principles

We are guided by the following principles:

- **Respect for Nature:** We design and maintain green spaces that support biodiversity, pollinators, and seasonal planting.
- **Resource Efficiency:** We minimise energy, water, and material use in our activities and facilities.
- **Waste Reduction:** We follow the waste hierarchy—eliminate, reduce, reuse, recycle, and responsibly dispose.
- **Education & Empowerment:** We embed sustainability into our lesson plans, workshops, and community events.
- **Inclusive Action:** We ensure that sustainability efforts are accessible to all, including individuals with learning disabilities and dementia.

Practical Actions

We actively pursue the following:

- Composting garden waste and promoting organic growing methods
- Using reclaimed materials for raised beds, signage, and structures
- Encouraging low-carbon cooking and seasonal produce in therapeutic sessions
- Reducing single-use plastics and promoting reusable containers
- Installing water-saving devices and rainwater harvesting systems
- Partnering with local eco-conscious suppliers and growers
- Offering sustainability-themed workshops and learner challenges

Governance & Monitoring

- Trustees review environmental practices annually and include sustainability in strategic planning.
- Staff and volunteers are encouraged to act as **Environmental Champions**, sharing ideas and leading by example.
- We aim to include an environmental impact section in our annual report and funding applications.

Looking Ahead

Sailship is committed to continuous improvement. We will explore renewable energy options, green transport solutions, and further ways to embed sustainability into our governance, operations, and curriculum.



Together, we grow friendships—with people, place, and planet